

The Pediatric Urology Service at UCSF is a leading northern California provider of comprehensive care for genitourinary problems in children. To serve our family's well, we have created specialty seminars and clinics to focus on specific conditions.

### The Pediatric Urology Parent Seminar “PUPS” Program

PUPS (Pediatric Urology Parent Seminar) is a parent seminar designed to give parents the education and information needed for successful treatment of many urologic issues in kids. It is a 1-hour presentation that is geared toward parents of school-aged children who suffer from:

- Daytime wetting
- Bedwetting
- Urinary tract infections
- Urinating too often or not often enough
- Urinary urgency (needing to rush to the bathroom)
- Painful urination
- Urinary reflux
- Constipation/stool problems

As a parent you will learn about why your child may be having these problems and how we manage them.

This program has been in effect for many years and the response has been overwhelmingly positive. Since the seminar started, kids have been achieving success in overcoming their urologic issues in fewer visits than ever before.

Within 3 weeks after attending the free seminar an appointment is guaranteed to determine any additional steps that may be necessary to treat your child's urologic problem.

Please contact Mary Moore at 415/353-2797 to make a reservation for the next PUP Seminar. The seminar is held monthly in the evening at the UCSF Medical Center's Parnassus Campus. Attendees must pre-register with Mary Moore at 415/353-2797 for course details, including exact meeting date, time and location.

Disorders of Sexual Differentiation (DSD) Clinic

At UCSF we have a unique multidisciplinary clinic that provides care to families of children with ambiguous genitalia. Our experts include urologists, endocrinologists, reproductive endocrinologists, geneticists, child psychologists, a mental health nurse practitioner, nurses and social work professionals. The team meets with families to discuss diagnosis, management, goals and questions, and concerns surrounding genital surgery. The entire DSD team meets on the third Tuesday of every month to collaborate with individual families to provide a management plan for each child's medical and psychological needs. Angelique Champeau, CPNP is the clinic coordinator. Please contact us 415 353-2083 to schedule an appointment.

#### DSD Support Groups:

Support groups, such as the Cares Foundation (<http://www.caresfoundation.org>) also provide help and support to young people, adults and families who are affected by CAH.

## How to Reach Pediatric Urology

#### Physicians

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#### University of California, San Francisco Children's Hospital

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Fax 415/353-2480

#### Children's Hospital & Research Center, Oakland

747 52nd Street Ambulatory Care 4th  
Oakland, CA 94609  
Phone 510/597-7089  
Fax 510/597-7089

#### Children's Outpatient Surgery & Specialty Care Walnut Creek

2401 Shadelands Drive  
Walnut Creek, CA 94598  
Phone 925/979/4000  
Fax 925/939-8689

#### UCSF Children's Hospital at ValleyCare Health System in Pleasanton

5565 West Las Positas Blvd. Ste 140  
Pleasanton, CA 94558  
Appointment phone 415/353-2200  
Appointment fax 415/353-2480  
Phone 925/598-3500

#### UCSF Children's Hospital at Natividad Medical Center in Salinas

1444 Constitutional Ave  
Salinas, CA 93905  
Phone 831-755-4124

#### California Pacific Medical Center (CPMC), Pediatric Urology Prenatal Clinic

3700 California Street  
San Francisco, CA 94118  
Phone 415/600-6400

**Clinical Information and Patient Handouts**  
[urology.ucsf.edu/patient-care/children](http://urology.ucsf.edu/patient-care/children)